

Fatigue Management Policy

The ARA Electrical Group recognises that fatigue can be a contributing factor towards workplace incidents and accidents and has therefore implemented this policy.

Risk assessments shall be undertaken by Project Managers and Supervisors prior to commencing work where the risk of injury related to fatigue is recognised. Appropriate control measures shall be implemented to reduce the levels of risk.

Workers are to consult with management prior to undertaking activities where the risk of fatigue is present and discuss strategies for minimisation.

Work activities such as driving, operating plant and the patterns of work involved such as shift work and the, length of individual periods of work, etc., are to be assessed prior to commencement.

To prevent exposure to fatigue related activities, the following procedures have been adopted:

- Workers will not work more than the hours detailed in their appropriate employment agreement without the prescribed rest break.
- Workers will not be permitted to work more than the hours detailed in their appropriate employment agreement without the prescribed rest break between shifts.
- Driving for periods in excess of two (2) hours will require a prescribed rest break of 10 minutes.
- Workers will be consulted and take an active role in determining changes to their shift roster and how changes are to be implemented in the workplace.

ARA Electrical is committed to fatigue management to reduce the risk of injuries to workers and others at the place of work.



Brett Chambers
Managing Director
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